

Our Service

The Diabetes Educator will provide specialised education and self-management strategies to assist with your ongoing diabetes management.

Diabetes Educators offer support and provide clinical care to help you

- Understand diabetes
- Make educated decisions to manage your diabetes, that best suits you
- Understand and safely use medications to control blood glucose levels,
- Refer to other services you might need

Who would see a Diabetes Educator?

Anyone with Type 1 Diabetes, Type 2 Diabetes, Gestational Diabetes or Pre-diabetes.

On your first visit..

The Diabetes Educator will talk with you about how diabetes affects your body, translating scientific information into practical education and advice.

Together, you will create a plan and set Individualised goals to manage your diabetes and improve how you feel.

Your diabetes educator will assist you to stay on track with your goals, offering support, further guidance and review consultations.

Educational resources and some diabetes supplies can be provided as needed.

Useful Links

Australian Diabetes Educators Association

<http://www.adea.com.au>

